HR policy briefing

31 October 2023



Agenda

- Health Assured and wellbeing initiatives
- New Ways of Working survey
- Revised fertility leave policy and new pregnancy loss guidance
- Prevent Duty
- HR Policy: local initiatives and local discretion
- General Updates
- Communications Poll





Resources



Health



Work



Values and principles



Social growth



Personal growth



Financial Wellbeing



Personal wellbeing for managers



Resources for researchers







Services

Internal

- 1. Employee Assistance Programme **Health Assured**
- 2. Togetherall
- 3. Work+ Family Space



able

NHS



WORK+FAMILY *Space* $\widehat{\mathbf{n}}$









- 1. Able Futures
- 2. Maximus
- 3. NHS Oxfordshire Talking **Therapies**

The EAP: Health Assured

- The service provides:
 - Counselling: 6 sessions online, telephone or in person
 - Legal Information and guidance
 - Money guidance
 - Critical incident advice
 - Managerial support and consultancy
 - Online portal and My Healthy Advantage App
- Next <u>information session</u> available to book 21 Nov.





Eligibility

Yes	No
University staff	College-only staff*
Staff working abroad*	International staff
Fixed-term contracts	Casual workers
Partners and dependants*	Contractors





How do I access this service?

We truly believe in **promoting equality and diversity**. Our internal culture is to **embrace diversity** and **protected characteristics**, and we ensure that our services are delivered in a **sensitive manner**



Freephone

A true 24/7/365 service, no answering machines, separate triage team



LiveAgent

Access through instant chat, via our online portal



Online Web Access

MHA app and Online Health & Wellbeing Portal allowing for increased



Email

If an employee prefer, we can offer initial access to the service via email before a telephone triage



Interpreters & Translation Services

High quality interpreters and translation services in over 240 languages



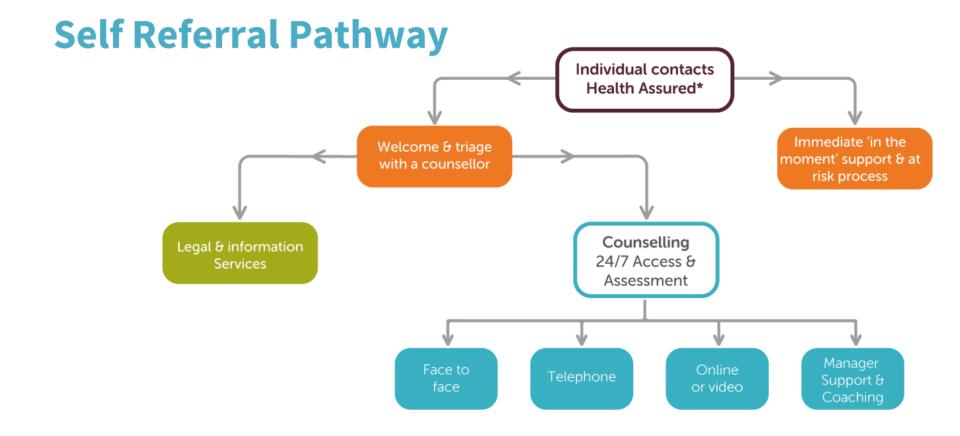
Relay

Supporting those who are deaf, hard of hearing or speech impaired

health assured







*Via Freephone, Email, Health Portal, LiveAgent, Mobile App, Translation Line or Minicom

health assured





Data and Health Assured

- Personal information gathered is not shared with the University
- Data shared with the University:
 - Number and types of calls via 24/7 helpline (e.g. legal or counselling)
 - Reason for counselling calls (e.g. life event, trauma, work)
 - Number accessing structured counselling including counselling type (e.g. telephone)
 - Categories of legal calls (e.g. Civil, Consumer)
 - Number of Online portal hits
 - Staff demographics (e.g. female, male, family member)
 - University data division and staff type
- Data will be shared with the Wellbeing Programme Team via quarterly data reviews.







How can you promote?

- Signpost to the <u>Health Assured information page</u>
- Signpost to the <u>Health Assured information sessions</u>
- Request a <u>Thriving at Oxford roadshow</u> for your area
- Comms material is available to print or include on your intranet
- Let us know what would help!

- This is a key resource for all staff and managers.
- It does not replace Mental Health Crisis services.





MHFA Guidance

- MHFA Support Trial run in Trinity Term 2023
- MHFA Guidance has been submitted to the HR Advisory Group
- MHFA Guidance is due to be published in November 2023
- Alongside a system of support including masterclasses and reflective practice sessions via the Counselling Service
- There is no requirement for departments to have departmental MHFAiders, but Mental Health Awareness Training for all staff is recommended.



Contact Ruth.Collins@admin.ox.ac.uk to book





Get involved!

- Become a Staff Wellbeing Champion
- Share best practice on the Wellbeing Teams
 Channel
- Staff Gateway Wellbeing Webpages
- Connect with the Wellbeing Team: wellbeing@admin.ox.ac.uk







New Ways of Working Survey (1)

- 2nd pulse survey summer 2023
- 1470 responses (24% of PSS) slightly up on 2022 (but not clear who has responded)
- Results being analysed, some trends but no significant change in views
- Lots of qualitative/free comment sections
- Demographics stable (gender, disability, ethnicity, caring responsibility)
- No divisional/departmental indicators requested
- Questions same yr on yr = problematic!
 - may not have been understood as intending comparison with pre-pandemic as opposed to comparison with last year (ie 'better' than what?)
 - New joiners have only worked current pattern and have no comparator thefore not 'New'
- Seems to suggest that hybrid working has become normalised (no longer New Way of Working?)
- Full summary will be added to feedback section of website shortly

New Ways of Working | HR Support (ox.ac.uk)



NWW survey (2) - headlines



- 1 % working fully on-site and occasional remote (very slight change)
- % working regular and primarily remote (very slight change)
- Over 80% satisfied with working pattern agreed it meets operational needs, balances work and home life, and supports their health and wellbeing
- 1/3 would leave job for more flexibility, 1/3 have all the flexibility they need Slight decrease in perceived benefits eg
- Over 62% of those with caring responsibilities 'better able to fulfil' them (65% 2022)
- 45% of those with disability 'better able to manage' their disability (56% 2022)
- 52% better work-life balance (60% 2022)

But also slight decrease in perception of many downsides eg

- 9% more isolated (14% 2022)
- 15% fewer networking opportunities (21% 2022)
- 6% harder to switch off (13% 2022)

NWW survey (3) - headlines



- Of managers 80% consider they have tools, skills and support needed to manage hybrid/remote staff
- New questions added re: service user views.
 - 49% positive
 - 17% mixed
 - 2% negative
 - 32% no feedback
- Equality analysis underway
- Summary of free text fields will be included in published report
- Notable themes inc NWW enabling Oxford to be seen as a more inclusive and diverse employer.
- Preview...

Benefits for Parents and Carers – example comments

'I have **caring** responsibilities for an elderly parent and NWW has enable me to **continue** in **my role** at the University which **would not have been possible if NWW had not be introduced**

pregnant and have really appreciated flexible working approaches during morning sickness periods

I'm working more hours than I would be if I wasn't able to work flexibly. Dropping my child at nursery and getting to Oxford is a long commute and I have to leave early to pick her up on time. Being able to work some days from home means I get the opportunity to work longer days to balance the shorter ones. If this wasn't an option I would need to reduce my working hours.

I couldn't have maintained my job without the shift to hybrid working. I returned from maternity leave in April 2020 and was expecting to last less than a year having to commute a long way each day I didn't think I would cope. Remote working came at just the right time for me and now with hybrid working I am able to just about balance work with caring responsibilities and keep my job.

Benefits for those with disabilities/health conditions example comments

Being able to work remotely means I'm **better able to manage my chronic health** condition and be off **sick less**

Neurodiversity - busy offices can be overwhelming and I can be so much more productive on "headdown" tasks working from home'

The biggest benefit is that I am **able to work** at all, **following serious illness**.

I can control my environment and stay cool, whereas office environment not suitable for women with menopause symptoms

'I am **ill less** than before NWW and take **far fewer absences** due to illness. In addition, I have been able to **reduce medication** for depression and anxiety, due to having a better work-life balance.

Fertility treatment leave - update

Reminder:

- Many elements of fertility treatment are covered by other provisions (eg medical treatment, sick leave, etc). 2 days per year available eg to allow time to deal with "physical or emotional effects of investigations/interventions".
- Guidance recognises the issue and 'creates space' for employees to discuss with manager.
- (With thanks to our volunteer reviewer) we have now undertaken a thorough review of our existing fertility treatment leave policy and made 3 key changes:
 - 1. De-gendering the language
 - 2. Now a Day 1 right
 - 3. Fathers/other parent now also included explicitly (also impacted by emotional effects, etc)
- On the horizon- Fertility Treatment Bill currently at early stages may formalise the right to time off for appointments

Further information:

Fertility treatment leave | HR Support (ox.ac.uk)

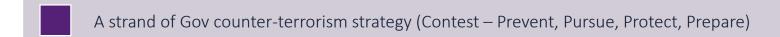
Pregnancy loss

- New guidance for supporting employees going through pregnancy loss, which is now separate to the maternity guidance.
- NHS Definitions:
 - miscarriage/foetal loss = Pregnancy loss before 24 completed weeks
 - Still birth = pregnancy loss after 24 completed weeks
- Gov.uk Maternity leave SMP or MA
 - Still birth individual who has experienced the pregnancy loss and the father/partner qualify for both statutory and contractual scheme
 - Miscarriage no qualification for maternity/paternity schemes but compassionate/special paid leave can be offered.
- New guidance includes advice for managers on how to manage and support an employee who has experienced pregnancy loss and where to signpost employees for internal and external support.
- On the horizon Miscarriage Leave Bill at early stage of consideration would give specific right to 3 days paid bereavement leave.

Further information

https://hr.web.ox.ac.uk/pregnancy-loss

Prevent Duty



- Prevent duty Specified authorities inc education to "help prevent the risk of people becoming terrorists or supporting terrorism"
- Important within HE context compliance needs to respect academic freedom, freedom of speech and other rights covered in training
- **Quick poll** MT2022 link to Prevent training was circulated did you attend?
- New online training available (director of SWSS) on CoSy soon look out for Cascade message during November
- **√** Numbers being tracked for OfS, please sign up aimed at those with 'welfare' angle to role inc HR staff
- More information: Prevent | Compliance (ox.ac.uk)

HR Policies (1): Local initiatives

- Local initiatives such as running menopause or wellbeing events very much encouraged
- But where we already have central HR policies and guidance please use them and don't create local versions:
 - May affect contracts and terms and conditions
 - May cause confusion
 - May be divisive across the University
 - We don't have time to review local rewrites of existing policies
- If a central HR policy isn't working well at departmental level please come and talk to us so that we can review it

HR Policies (2): Local discretion

- We understand it can be frustrating when local discretion is built into policies (although we do get asked to bend firm rules as well!)
- Policies have to work across all our very varied departments and staff groups
- Aim for consistent overarching framework to ensure fairness for all staff, but with some space for local HR teams to respond to local or individual circumstances
- Where there is discretion it's there for a reason and responsibility sits with the department, not central HR

Annual leave and sickness

- Employees who are sick during a period of booked holiday can ask for this to be recorded as sickness (and holiday recredited)
- Reminder recently extended to include fixed closure days (but not bank holidays)
- A reminder also recrediting of holiday, whether personal leave or fixed closures, is not automatic and should only be actioned at the request of the employee.

Priority Candidate Support Scheme

• The PCSS which provided some additional support to professional services staff seeking redeployment has been discontinued.



OA1 Guidance and UDF

- Reminder: the OA1 Form was updated in July 2023 to include country information on the appointment and to include additional guidance for applicants.
- A new UDF for recording outside appointments in PeopleXD has also now launched.
- New guidance for Heads of Department on reviewing OA1s and addressing potential conflicts of interest. See <u>Compliance webpages</u>.

Disclosure and Barring Service checks

- Reminder: DBS checks now carried out via Horus.
- Recent audit identified issue with inconsistent record keeping reminder that there is a pro-forma for recording DBS checks on the website <u>DBS checks | HR Support (ox.ac.uk)</u>



Onboarding in PeopleXD

- A new Onboarding process will be live in PXD and will apply to new appointments with start dates from **1 November**.
- A briefing session was held in September and the <u>recording is available online</u>. The HR Systems team will continue to run drop-in sessions throughout November and December to answer any questions you may have adopting to the new process.
- <u>Guidance</u> for HR staff has been updated to reflect the introduction of this new feature.

Academic Further Particulars and Standard Job Description- clarification

- Mis-communication in our recent Newsletter apologies!
- To clarify:
 - Academic FPs have been updated with regards to the EJRA dates
 - Standard JD template has been updated to include links to the Oxford Research Staff
 Society





Equipment Loan Form

- A new Equipment Loan Form will be added to the <u>New Starter Arrangements Day 1</u> <u>checklist</u> in early November.
- From 1st November all new starters/movers will be prompted by PeopleXD as part
 of the Onboarding Module to discuss and complete the form with their line
 manager.
- The form will capture details of all the equipment on loan to the employee and include a signed declaration that they accept the conditions of the loan and that they will familiarise themselves with the relevant University-wide IT policies:
 - The University's IT Regulations 1 of 2002
 - The <u>Information Security Policy</u>, including the <u>Information Security and Data Privacy Awareness</u>

 <u>Training</u>

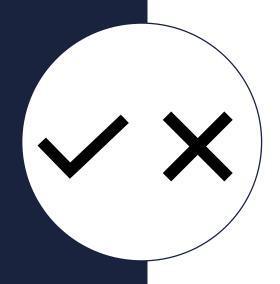
Policy team communications



- Briefings and Newsletter continue to now just be HR policy issues
- Broader HR issues coming in new HR-wide newsletter
 - Twice per term
 - To: administrators-personnel mailing list. To join list <u>HR</u> communications | <u>HR Support (ox.ac.uk)</u>)
 - Using click-through email format, like Bulletin
 - Covering news from all central HR teams

Polls

- 1. HR Policy Briefings
 - Do you continue to find these briefings useful, with the operational focus?



- 2. Policy team Newsletter for HR colleagues
 - Do you still prefer to have the Policy news separately from the wider HR-news newsletter?